

Gymna 400 series

Feel the Power



Expertise



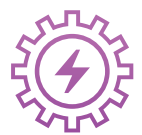
Experience



Ease of use

gymna.com

gymna[®]

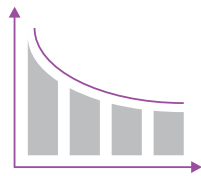


Expertise



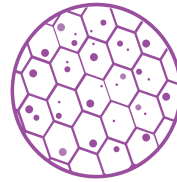


The 3 main goals of Electrotherapy



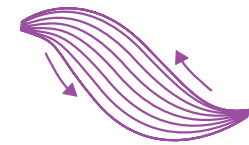
PAIN RELIEF

*Efficient &
Focused*



CELLULAR EFFECTS

*Effective &
Flexible*



MUSCLE STIMULATION

*Dynamic &
Fast*



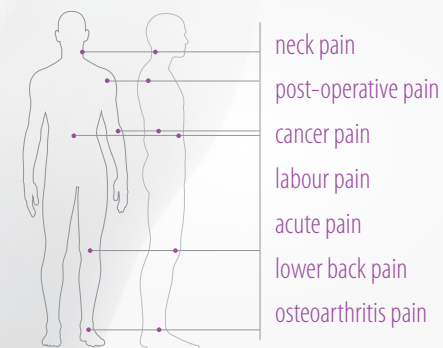
Efficient & Focused

PAIN
RELIEF

PAIN
RELIEF

- Faster and more effective pain relief
- Latest insights in TENS protocols for pain management provide a wider range of parameters and applications
- Focused treatment targeting
- Increased pain relief effects through combination therapy

Evidence of TENS for pain management





Effective & Flexible

CELLULAR EFFECTS

- Effective stimulation of cellular effects to promote healing
- Flexibility to obtain cellular effects with microcurrent, ultrasound or combined therapy
- High intensity, high precision targeting
- Full absorption of ultrasound waves with no heat loss

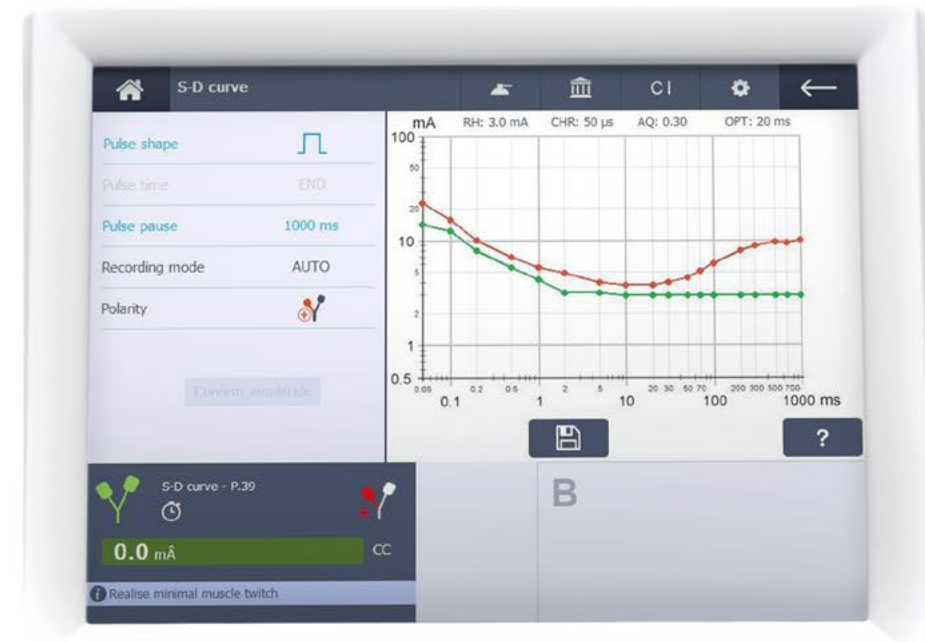




Dynamic & Fast

MUSCLE STIMULATION

- Fast and reliable analysis of muscle denervation properties with onscreen SD curve
- Synchronised NMES programs for optimal co-contraction
- Establishes interdependence level between stimulation strength and time of muscle activation
- Assists in determining the pulse time of impulses





Experience

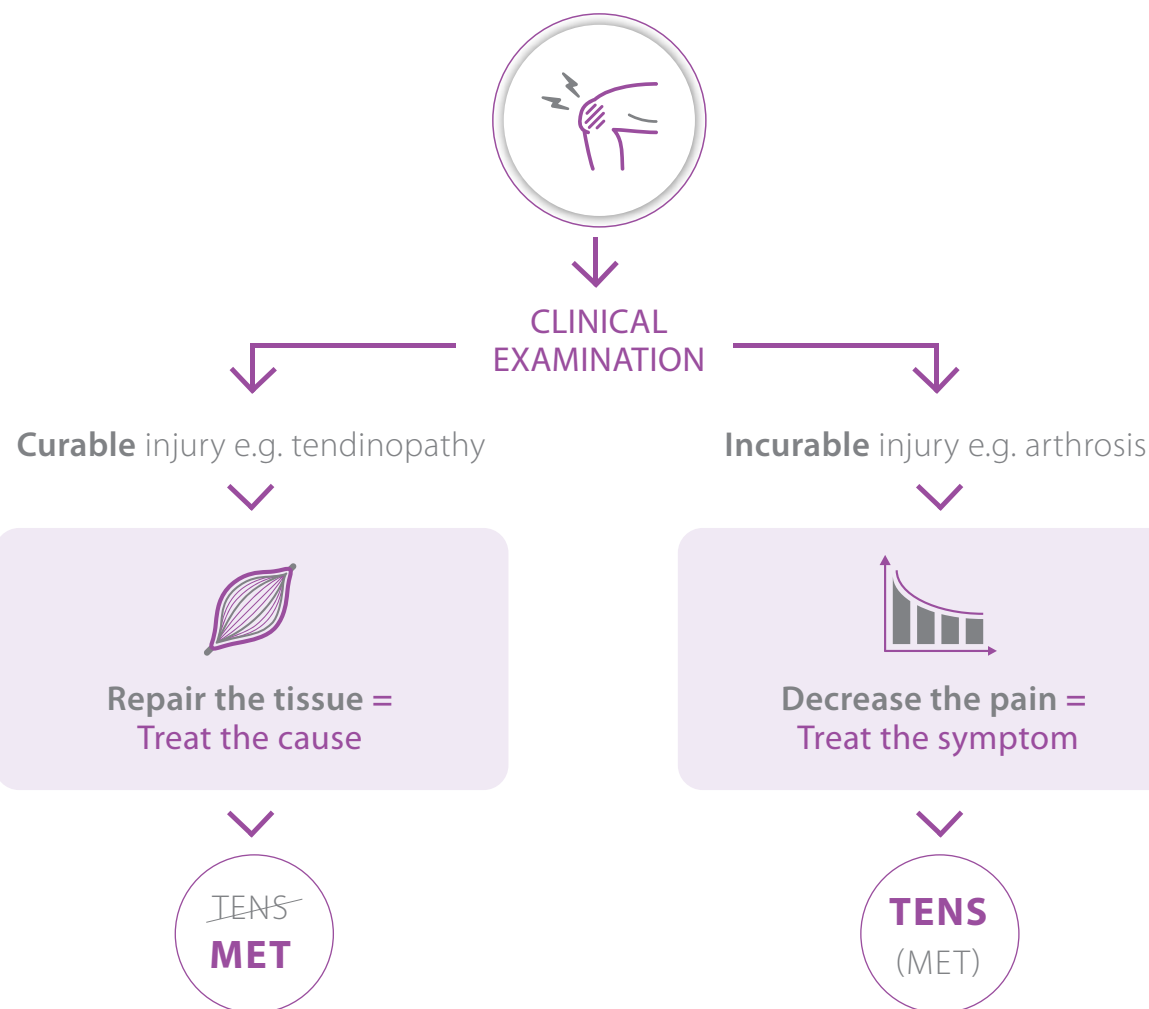




With Gymna, you are assured that our products are based on our over 40 years of experience with electrotherapy. Together with clinical reasoning and real-life practice, the pillars of our technology.

Whether you are an experienced therapist or a beginner, with Gymna you have the best possible treatment option for your patient in a user friendly format.

Treat the pain or the cell, how to decide





When I need performance, Gymna 400 gives me what I need

Lisa, physical therapist

When Vincent first came to my practice, he had been diagnosed with a ruptured Achilles tendon. He is an active runner and some time ago he decided to start training for a marathon. The sudden increase in intensity of his running programme caused a tendinitis that did not heal properly, as a result his Achilles tendon weakened and subsequently ruptured.

After an extensive physical examination, I decided that a combination of microcurrent treatment and ultrasound therapy simultaneously would be the best solution to treat Vincent's injury. Both therapies are known to elicit cellular

effects to promote healing. The success of the therapy influences the healing process positively and generates an extra beneficial effect, namely pain relief.

After 6 weeks of treatment followed by exercise therapy routines focused on "eccentric" strengthening, he was rapidly improving and could even slowly start taking up his running programme. Today the Achilles tendon has completely healed and he is looking forward to running his first ever marathon this autumn.



Experience



Gymna 400 series

The new Gymna Mobile 400

Our technology is based on real life practice and experience.

We use this experience to resolve common issues such as the best way to store accessories and cables without making it difficult to immediately access them when necessary.

The new Gymna Mobile 400 is our latest solution to help you in your everyday practice. A clever mobile storage system that helps keep your accessories in a clean and tidy place, with less risk of damage.



Experience



Gymna 400 series



Laser probes



*Vacuum cups,
holder & cables*



*Electrodes &
Electrode cables*



Tissue box



*Ultrasound
heads*



Vaco 400 device



Ease of use



Ease of use

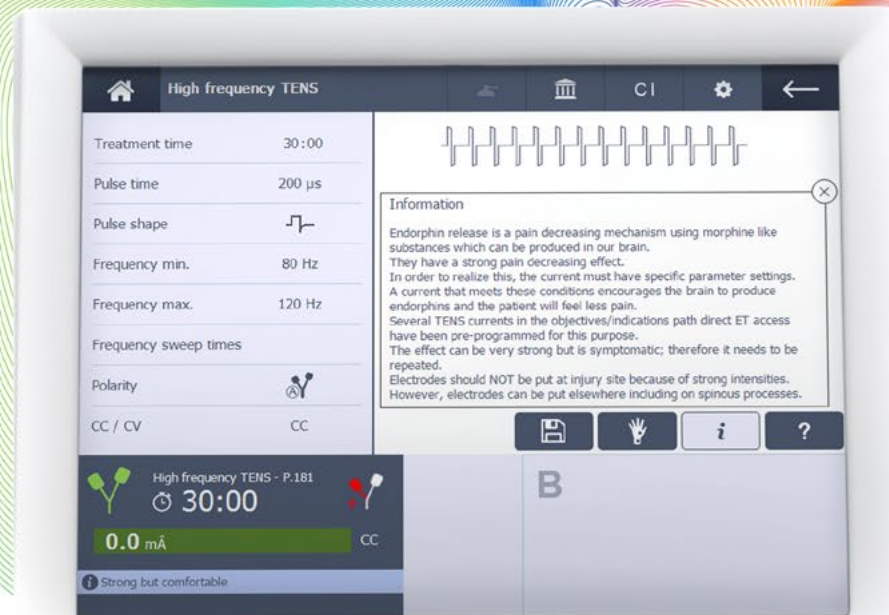


Gymna 400 series

User friendliness is part of our DNA

With the development of any new device, we use the feedback from our users to improve the user experience.

Without changing the appreciated menu structure, we have created a modern user interface that is clear and to the point.



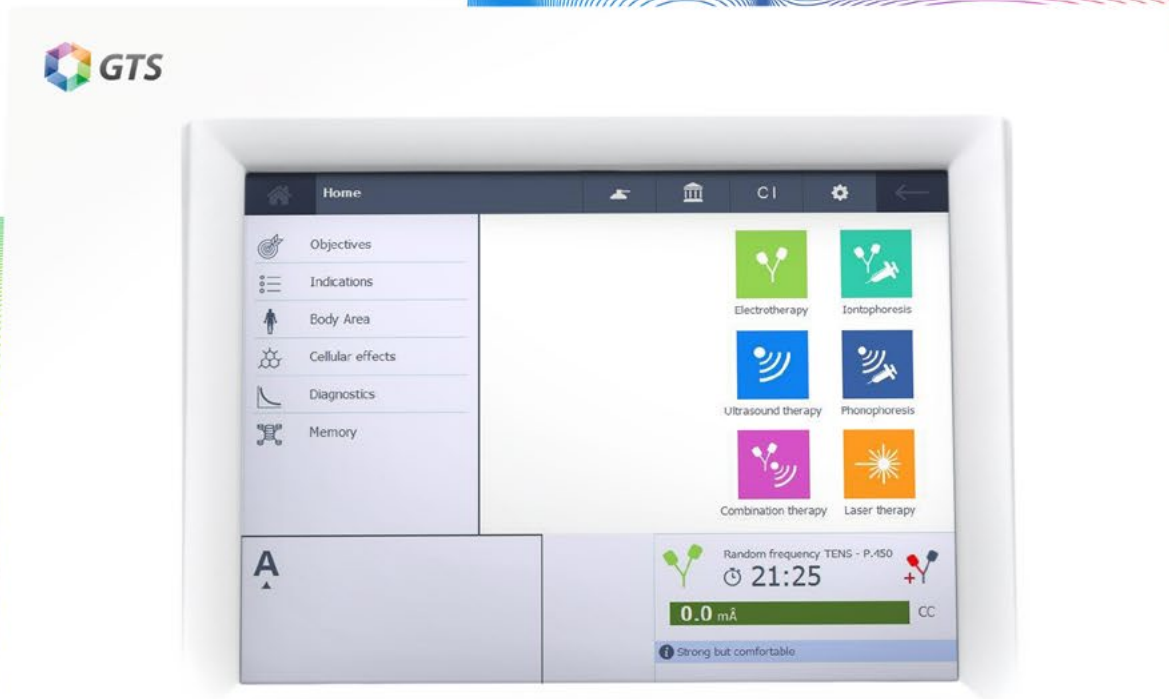
Ease of use



Gymna 400 series

Colour-guided therapy

Every therapy has its own colour for recognition at a glance.



Ease of use



Gymna 400 series

Electrode placement with real-life pictures

Giving guidance on positioning electrodes,
vaco cups, laser or ultrasound heads.



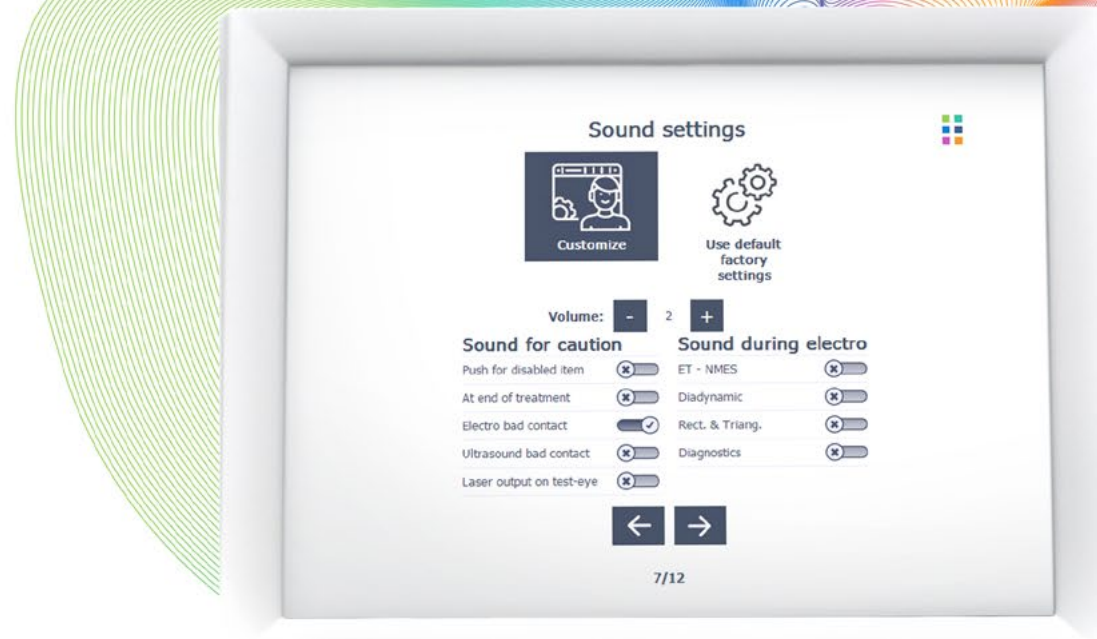
Ease of use



Gymna 400 series

Customisation wizard

Set the preferred user interface and customise the device for your practice.



Ease of use



Gymna 400 series

*Therapy screen with possibility
to show parameters in full
screen mode*

To view therapy progress at a glance.





The new Gymna 400 series is equipped with GTS our Guided Therapy System

The building blocks for GTS are our more than 40 years experience in electrotherapy, the expertise we have built up over these years and our constant push to improve the ease of use.

GTS helps and guides the beginning therapist in choosing the best treatment for each individual patient and supports the experienced therapist with its ease of use and flexibility.

Main GTS features:

- Intuitive navigation
 - Colour-guided therapy*
 - Uniformity leads to fast action & response*
- Medical E-book
 - Anatomical library*
 - Clinical information screens*
 - Help screens*
- Evidence-based therapy
 - In line with latest scientific studies*
 - New protocols can be uploaded via USB*



GTS

GUIDED THERAPY SYSTEM



Ease of use



Gymna 400 series

Feel the *Power*

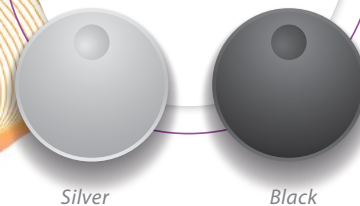


- Improved responsiveness for quicker navigation
- Upload your favourite protocols via USB
- Get your patients involved by showing an educational video on electrotherapy directly on the device
- Know which channel you are working on with dual control buttons

Gymna 400 series

Choose your
preferred colour

BUTTONS
available
in two colours



Silver

Black



Black



White